

# FOOD



# MENU

## LIGHT FARE

### Oatmeal

with maple syrup or fresh fruit

### Yogurt Parfait

### House Made Granola

available with yogurt

### Combos *(Tall, Grande, Mucho)*

Soup & salad, Soup & half panini, salad & half panini

### Soup of the Day

### BLT

On your choice of bagel

### Pizza Bagel

### Avocado Toast

Toasted focaccia bread with fresh avocado

## WRAPS

### Chicken Feta

Marinated chicken breast, feta cheese, peppers & onions, Dijon vinaigrette & field greens

### Cajun Turkey Club

Turkey, bacon, pepper jack cheese, cajun remoulade, field greens & tomato

### Spicy Tuna

Tuna, field greens, pepper jack cheese & cajun remoulade

### Quesadilla *(Available With Chicken)*

Featured fillings & blended cheeses inside a white, wheat, or spinach tortilla, grilled to perfection with a side of salsa & sour cream

### Fresh Chopped Apple Cranberry

Sliced apples, asiago cheese, toasted almonds, dried cranberries, red onion and greens mixed with low fat yogurt dressing. *(Available with Chicken or Bacon)*

## PANINIS

Served with kettle chips or field greens

### SPoT's Pesto Chicken

Chicken marinated in basil pesto with sun dried tomato pesto, mozzarella & pesto aioli

### Roasted Turkey

Turkey, cheddar, mayonnaise, bibb lettuce & tomato

### Spicy Tuna

Spicy albacore tuna, bibb lettuce, pepper jack cheese & cajun remoulade

### Grilled Cheese

Cheddar cheese with tomatoes and creamy dijonnaise

### Veggie Burger

Vegan veggie burger with hummus spread, bibb lettuce, and tomato

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## SALADS

Add chicken, tuna or smoked salmon for additional \$2.85

### Mesclun Salad

Field greens mixed with SPoT's signature balsamic vinaigrette dressing, dried cranberries, toasted almonds & crumbly blue cheese

### Greek Salad

Combination of field greens and fresh baby spinach, feta cheese, black olives, peppers, onions, tomatoes & cucumbers served with a side of Greek dressing

### Spinach Salad

Baby spinach greens with fresh berries, goat cheese & red onions served with a side of cranberry lime vinaigrette

### Quinoa Mediterranean

Quinoa, lentils, sun dried tomatoes, cucumbers, red onion, Kalamata olives & feta in a lemon & fresh basil vinaigrette

## GOURMET PIZZA

### Margherita

Tomato sauce, mozzarella and fresh basil

### Mediterrano

Oven roasted fresh vegetables, mozzarella, goat cheese, extra virgin olive oil & sun dried tomato pesto

### New Yorker

Tomato sauce, mozzarella, mushrooms & pepperoni

### Funghi

Mozzarella with an assortment of roasted & fresh mushrooms, finished with a truffle oil

### Pollo & Pesto

Mozzarella, oven roasted chicken breast, basil pesto & extra virgin olive oil, artichokes & marinated roasted red peppers